

WHO CARES?



The **Young Carer Program** supports and connects young carers through:

- Information, advocacy and referrals
- Leadership opportunities
- Counselling
- Activities
- Community outreach
- Interactive website
- Newsletters

Are you 25 years or under?

Helping to care for a family member or friend who has a disability, mental illness, drug or alcohol dependency, chronic condition, terminal illness or who is frail?

We can support you

www.youngcarersnsw.org.au

1800 242 636*

9am - 5pm (Mon - Fri)

If you require an interpreter, Call TIS on 131450

 yc@carersnsw.org.au

 @YoungCarersatCarersNSW

* Free call except from mobile phones.

**If you're a Young Carer living in NSW,
why not join the YC Community?
Please fill out your details below.**

Full name:

Date of Birth:

Country of Birth:

Address:

.....Postcode:

Mobile (YC):

Male Female Prefer to self-describe:

**For information and support, contact
the Young Carer team at Carers NSW.**

Email (to be signed up to YC E-news):

Cultural background:

Name of Parent/Guardian:

Phone number of Parent/Guardian:

I care for my: Parent/Guardian Sibling Grandparent Other:

Their name(s) is/are:

They have a: Disability Long-term illness Mental Illness Drug/Alcohol dependency

Details of disability/illness:

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Where did you hear about the Young Carer Community?

**Please place this sign up card in an envelope (no stamp required) and send to:
YC Team, Carers NSW, Reply Paid 88594, North Sydney NSW 2059. F: 02 9280 4755 E: yc@carersnsw.org.au**

Carers NSW ensures that the personal information provided will be handled in accordance with the principles set out in the Privacy Amendment (Privacy Sector) Act 2000.